

Recommended Reading List

Great leaders are learners. One book a month is a reasonable goal. Pick one book from the lesson that appeals to you and read it during the month of the lesson. If you are a reader, go for more!

Lesson 1: Goal Setting and Behavior Change

Year of Yes: How to Dance It Out, Stand In the Sun and Be Your Own Person; Shonda Rhimes

Take Time for Your Life; Cheryl Richardson

Monday Morning Choices; David Cottrell

Becoming a Resonant Leader: Develop Your Emotional Intelligence, Renew Your Relationships, Sustain Your Effectiveness; Annie McKee, Richard Boyatzis, Frances Johnston