

Valentine's Day Life Coaching Packages



Find Your Purpose and Motivation

(2-month package - \$800)

It's easy to lose your way in life. We will unpack your compass and find your true north. Then we will find the fire to fuel your journey. Includes:

- 6 sessions (1 hour each)
- Self-Discovery Packet
- Before/After Pics of Who You Are
- 1 "Purpose" essential oil roller
- Unlimited email support



Discover Yourself and Your Path

(4-month package - \$1200)

You will define who you want to be and also create a plan that will move you toward your goals. Includes:

- 12 sessions (1 hour each)
- Self-Discovery Packet
- Before/After Pics of Who You Are
- Map to your goals
- 1 "Purpose" essential oil roller
- 1 "Motivation" essential oil roller
- Unlimited email support



Become Your Best Self and Achieve Your Goals

(6-month package - \$1600)

You will discover your best self and highest purpose. You will also map a path to your goals and steps to achieve them. Includes:

- 18 sessions (1 hour each)
- Self-Discovery Packet
- Before/After Pics of Who You Are
- Map to your goals
- Specific action plan
- 1 "Purpose" essential oil roller
- 1 "Motivation" essential oil roller
- 1 "Sweet Sleep" linen spray
- Unlimited email support

Email KSTorrey@tapferconsulting.com for a gift certificate!