







Who Am I?

 **Lump of Cold Coal** - I have a lot of potential, but I am not moving with purpose or intention in any direction. I'm just hanging out.

 **Hot Embers** - I am using some of my potential and am directing my energy by developing aspects of myself. However, I could offer and achieve more if I were more intentional and purposeful.

 **Crackling Friendly Fire** - I am in my comfort zone. I am moving forward, and I am using some of my talents and potential. I set goals, but I am playing it safe.

 **Raging Fire** - I have lots of movement and am expending a lot of energy. I am using tools and resources to set and achieve goals in many areas of my life. However, I still have more I want to achieve.

Application Question/Activity:

Which category do you fit in right now from those listed above? Describe why.