



Block 2 – IDEAL SELF (VISION)

Journaling:

What lies behind us
and what lies before us
are tiny matters...
compared to what lies
within us.

Ralph Waldo Emerson

1. What is it that you and only you can do?
2. How can you use your gifts and strengths in greater service to others and the world?
3. If you had all the time and all the money in the world, what would you do, make, or accomplish? What would you do if you knew you couldn't fail?
4. Think of a situation when you felt uncomfortable. What attitude did you hold that contributed to your discomfort? Decide which attitudes you want to change to support your goals.
5. List out new insights about yourself and key questions for you to light your fire!